



Series Week 10: Five-Fold Ministry (APEST)

A primary activity this week is having folks take a APEST survey, and discussing the results together. The conversation begins with the video that explains APEST, and then a brief discussion. Then folks can take the free survey on their phone (takes maybe 5-6 minutes) and then discuss the results together.

Watch Video: “Life on Mission: Five-Fold Ministry (APEST)” on Mosaic Chapel’s YouTube Page

Q: What stood out to you?

Read Ephesians 4:1-16 (included at the end)

Q: What is Paul saying?

Q: How can a group benefit from having people functioning in all these different ways?

Q: What happens when a ministry, group or church is led by only one of these functions? How can it adversely affect the group?

Handout the APEST Descriptions by Alan Hirsch. This may provide some insight into your discussion on the potential blessings of this, as well as the potential pitfalls of not having all these functions existing in a group or church.

Take 5-10 minutes for everyone to take the free APEST survey on their phone, found at fivefoldsurvey.com (it took me 5 minutes).



Have people share their top result (or top two). What do you think about your result? Agree or disagree?

Q: What adjustments can we make to the way we do our Home Group to better utilize this variety of giftings? *Take some time to consider this question. Maybe there are some folks ready to serve in a more specific way as a result of this conversation.*

Spend some time discussing and praying for your mission.

Ephesians 4:1-16

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. 2 Be completely humble and gentle; be patient, bearing with one another in love. 3 Make every effort to keep the unity of the Spirit through the bond of peace. 4 There is one body and one Spirit, just as you were called to one hope when you were called; 5 one Lord, one faith, one baptism; 6 one God and Father of all, who is over all and through all and in all.

7 But to each one of us grace has been given as Christ apportioned it. 8 This is why it says:

“When he ascended on high,
he took many captives
and gave gifts to his people.”

9 (What does “he ascended” mean except that he also descended to the lower, earthly regions? 10 He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.) 11 So Christ himself gave the apostles, the prophets, the evangelists, the pastors [shepherds] and teachers, 12 to equip his people for works of service, so that the body of Christ may be built up 13 until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

14 Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. 15 Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. 16 From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

