

Helping you find a
happier, healthier you.



“Churches that Heal” Discussion Group

5-week Group

Beginning Tuesday, October 13, 2020

Dates: Oct 13, Oct 27, Nov 10, Nov 24, Dec 8

Time: Tuesdays from 5:30pm-7:00pm (dates above)

Location: Back Meeting Room at Coldsmoke Coffee on Huffine, 64 Willow Peak Drive, Bozeman

Safety: We will follow Coldsmoke Coffee’s safety expectations. Please plan to sit spread apart and when we’re not eating or drinking, please plan to wear a mask. We will also offer a Zoom option.

Zoom Option: You are welcome to attend via Zoom! Please contact Molly for the Zoom link and password.

Outline for the Group

This Group will follow the “Church that Heal” curriculum developed by Dr. Henry Cloud. Each session, we’ll do a two-part discussion. The first part will focus on the “Churches that Heal” curriculum for pastors and leaders. The premise of this material is to help pastors and leaders be healthy themselves, so they are best able to help others. There is a video (~10 minutes long) and workbook that we’ll view and process together each week. The second part will be reviewing resources for helping people with mental health issues. Dr. Cloud has produced a variety of video curriculum around this topic. Each week we’ll watch a different video (~4 minutes) and discussion. **The topics for each week are listed on the back.**

Basic Session Schedule

5:30pm – Welcome and touch-base

5:40pm – Part 1 - “Churches that Heal” Leader Video and workbook

5:50pm – 30-minute Discussion

6:20pm – Part 2 - Mental Health Resource Video

6:25pm – 30-minute Discussion

6:55pm – Pray and Close

Workbooks: We will provide these for you. Please let Molly know you plan to attend to ensure we have enough.

Contact Info: Pastor Molly DuQue, 406-219-0117, molly@mosaicchapel.org



Mosaicchapel.org 406.219.0117
FB/IG/YouTube

Two-Part Weekly Topics

Tuesday, October 13

Part 1 - Leader Session 1: Grace & Truth

Part 2 - What Is The Church's Role Within The Mental Health Space?

Tuesday, October 27

Part 1 - Leader Session 2: Relational Connection

Part 2 - What Should The Church Do In Order To Become A Place People Run To For Healing?

Tuesday, November 10

Part 1 - Leader Session 3: Boundaries

Part 2 - What Is The Difference Between A Mental Health Issue And A Spiritual Issue?

Tuesday, November 24

Part 1 - Leader Session 4: Processing Pain

Part 2 - How Do You Approach An Individual You Believe Is Hurting?

Tuesday, December 8

Part 1 - Leader Session 5: Becoming an Adult

Part 2 - What Is The Process For Helping An Individual That Is Suicidal?

